

# Joint health and housing workshop notes



Tuesday 4<sup>th</sup> February 2014 15.30 – 17.00

Attendees:

Tom Maher	Circle Housing
Dr Lucja Kolkieqicz	ELFT
Mags Groves	ELFT
Darren Summers	Family Mosaic
Kate Simpson	Family Mosaic
David Amery	Housing Link
Sharon Hanooman	HWBB/THCVS Vice Chair/Women's Health and Family Services
Martin Ling	LBTH D&R
Deborah Cohen	LBTH ESCW
Leo Nicholas	LBTH ESCW
Robert Driver	LBTH ESCW
Charlotte Saini	LBTH ESCW
Carrie Kilpatrick	LBTH ESCW
Tim Madelin	LBTH Public Health
Luise Dawson	LBTH Public Health
Mary Kneafsey	PRHA
Thufayel Islam	Social Action for Health
Sandra Fawcett	Swan Housing
Myra Garrett	Tenants and Residents Forum
Mike Tyrrell	THCH
Allyson Matthews	THH
John Wardell	Tower Hamlets CCG

**Opening address** – Louise Russell (LBTH’s Service Head for Corporate Strategy and Equality)

- Housing is recognised as a wider determinant of health in Tower Hamlets’ Joint Health and Wellbeing Strategy
- Health Wellbeing Board (HWBB) and Tower Hamlets Housing Forum have set up this workshop to develop actions around the four priority areas of work from the Health and Wellbeing Strategy
  - Maternity and early years
  - Mental health
  - Healthy lives
  - Long term conditions and cancer

**Health begins at home – A look at integrating health services within Housing** – Kate Simpson (Health and Wellbeing Project Manager) and Darren Summers (Director of New Business)

In 2012 Family Mosaic launched “Health, Wealth and Wellbeing”, their manifesto for change through housing. They are currently undertaking a project to assess the way in which housing interventions can help reduce costs in the NHS, for example through working with health services to provide home based treatment or promoting general health and wellbeing initiatives to their tenants and helping with self-management.

**Note of Workshop**

1. Mind Mapping- Post-it note session

The workshop was split into four groups each looking at one of the respective Joint Health and Wellbeing Strategy priorities. Individual actions were placed on post it notes and grouped into a few core themes.

Maternity and early years	Children’s services Multi agency partnerships Decent Homes Self-help/support
Mental health	Community Development Financial Inclusion Strategic Planning Tenancy Management Training and provision of services Property services
Healthy lives	Use of common facilities Work with residents and the voluntary and community services (VCS) Better multi-agency working Communication channels Needs assessments and mapping
Long term conditions and cancer	Tenant and resident social inclusion Integrated health, social care and housing services Assistive technology (AT)

## 2. Action Planning – Development of actions and prioritising

Using the themes from the mapping exercise, a list of actions were developed alongside the identification of leads and development of a timeline.

### **Maternity and early Years**

<b>Proposed Action</b>	<b>Who leads?</b>	<b>Who is involved?</b>	<b>When does it start?</b>	<b>When does it finish?</b>
Promote the energy co-op/brokerage service. Need refreshed comms plan around this, including promotion through professionals working in children's services who would go into homes, such as health visitors. The co-op could also be promoted through the council's parenting network and parent advice centre, as well as in GP surgeries, children's centres, nurseries and schools, youth clubs, housing providers and landlords, as well as raising staff awareness more generally.	Alan Warner (attendee at the workshop) (LBTH) and the Energy team. However Alan and team will be dependent on strong working with partners to enable the wide reaching comms plan to work.	Children's Centres, Maternity Mates, Health Visitors, Schools, youth clubs, GP Surgeries, clinics, Landlords, Housing Providers, Children's Vol sector, Parenting Network leads and Parents Advice Centre.	An initial meeting to be set up with Poplar Harca and Alan. This could then be reported to THHF. A meeting with children's should also be organised to get input and support as to which partners in children's to approach.	This would be a 12 month project- once comms are refreshed and plan written will be rolled out and numbers tracked.
Increase local children's services professionals' awareness of what is a safe home	Housing providers to provide and disseminate materials	Maternity Mates, Health Visitors, Registered Providers	2014/15	Ongoing

## Mental health

Proposed Action	Who leads?	Who is involved?	When does it start?	When does it finish?
A borough wide compact on dealing with tenants with poor mental health. Compact to include registered providers, the Council and mental health services. As part of the development of the compact, a protocol on supporting vulnerable tenants should be developed and shared by RPs.	LBTH Strategic Housing in partnership with THHF exec.	Registered Providers (RPs); mental health services; LBTH Strategic Housing; THHF Exec.	This is to be included in the THHF workstream with facilitation by LBTH's Strategic Housing team	Ongoing piece of work as the compact will continue to develop as the needs of tenants change.
Training programme on Mental Health Awareness (standardised) for housing staff as part of a broader health and wellbeing training programme.	ELFT, VCS such as Mind in Tower Hamlets or Rethink	Registered Providers (RPs); THHF Exec	2014/15	Ongoing
Develop a case forum for RPs to discuss MH cases in an anonymous way and to share best practice	THHF exec	Registered providers; LBTH ESCW (providing professional guidance)	2014/15	Ongoing
Work with Family Mosaic on their "Health begins at home" pilot. With the sharing of the pilot's evaluation (once published).	THHF exec; Family Mosaic	THHF exec; LBTH; mental health services Tower Hamlets CCG; RPs	2014/15	

## Healthy lives

Proposed Action	Who leads?	Who is involved?	When does it start?	When does it finish?
Energy efficiency as integral part of Decent Homes programme	THHF Asset Management Group	RPs	Next meeting of the Asset Management Group	Ongoing
Map out who's doing what already - in Tower Hamlets and wider. Best practice should be promoted to and disseminated to relevant organisations	THHF Communication Involvement Network Group; Health Wellbeing forum of Council for Voluntary Services (CVS)	RPs; TRAs and community groups; lunch clubs; VCS organisations; 'Can Do' grant recipients.	Immediate	September/October 2014
Pilot identifying vulnerable tenants together with GPs on particular areas/estates	Tower Hamlets CCG/THH	Integrated Care Board External advice on information governance	2014/15	
Pilot of a resident led assessment of barriers to healthy lives and what needs to change	Poplar Harca Community Ward Forums	TRAs; schools; public health; local community groups; health centres/GP surgeries	2014/15	

### Long Term conditions and cancer

Proposed Action	Who leads?	Who is involved?	When does it start?	When does it finish?
Better partnership approach to making older people aware of assistive technology (AT)	LBTH ESCW – AT strategy	THHF exec; THCCG; VCS organisations; Health and social care providers	April 2014	Ongoing
Focus on high risk tenants and the sharing of health/care information with housing providers. Additionally the involvement of tenants in their support planning	THCCG THHF Exec	THCCG; LBTH ESCW; THHF Exec; RPs; Health and social care providers	2014/15	Ongoing
Tackling social isolation; with the development of a borough wide strategy.	HWBB	HWBB; THHF Exec;	2014/15	

### 3. Next Steps

Presentation of the notes and actions to THHF Exec  
Development of a delivery plan